DINNER MENU

Rooted in the warmth of Italian cooking and the vibrant flavours of the Pacific Coast, this menu brings two culinary traditions to the table. Executive Chef Jason Winton draws inspiration from each season's colours and aromas, using fresh, locally sourced produce, seafood, and meats to create thoughtful, balanced dishes that honour the land and respect the environment.

APPETIZERS

INSALATA DELLA CASA **$10 / $18**
Mixed greens, balsamic, feta cheese, Kalamata olives, grape tomatoes, walnuts, fennel

CAESAR SALAD **$20**
Romaine lettuce, fried capers, pancetta, torn ciabatta, Pecorino Romano, lemon dressing

BURRATA **$20**
Roasted beets, arugula, pumpkin seeds, lemon olive oil

SEARED ALBACORE TUNA **$12 / $22**
Green apple, goat cheese cream, wild honey

CARPACCIO **$22**
Black pepper, beef tenderloin, arugula, caper berries, Pecorino Romano, olive tapenade dressing

WEST COAST SCALLOP & HEIRLOOM TOMATO CRUDO **$15 / $25**
Basil, lemon, fennel

BREAD BASKET FOR TWO **$15**
House-made rolls, breadsticks, crackers, focaccia, olive tapenade, whipped butter

SOUPS & PASTAS

SUNCHOKE BISQUE **$14**
Salsa verde tartufata, garlic crumble

GNUDI **$15 / $25**
Foraged mushrooms, grape tomatoes, baby zucchini

SPAGHETTI & MEATBALLS **$28**
House-made meatballs, classic bolognese, Pecorino Romano

LEMON CRAB AGNOLOTTI **$30**
Cioppino broth, seared fennel, spinach

LAMB RAGU **$32**
Braised lamb shank, tagliatelle, broccolini, rich pan jus

SPAGHETTI SQUASH **$17 / $30**
Roasted spaghetti squash, garbanzo beans, basil gremolata, marinara sauce

EAT WELL

Our Westin Eat Well Menu offers a selection of nutritious dishes, handcrafted by our chef with guests' well-being in mind. From flexible portion sizes to mindfully selected ingredients, this special selection offers a variety of healthier choices to help you eat well.

Please advise your server of any allergies or dietary restrictions you may have.
All prices are subject to applicable government taxes. An additional 18% service charge applicable for parties of 6 and above.

THE WESTIN BEAR MOUNTAIN RESORT & SPA VICTORIA

MAINS

HALIBUT **$28 / $48**
Braised leeks, petite carrots, toasted wheat berries, fennel orange jus

ARCTIC CHAR **$38**
Goat cheese, pecans, watercress, mulled pear, sesame seeds

HALF ROAST CHICKEN **$38**
Oregano lemon brined, confit fingerling potato, yellow beet, baby carrot, pan jus

HERB LAMB CHOPS **$48**
Buttermilk mashed potatoes, cipollini onions, broccolini, lamb reduction

STRIPLOIN **$46**
Green beans, caramelized pearl onions, Boursin whipped potato, rosemary jus

BEEF TENDERLOIN **$55**
8 oz fillet, spinach, artichokes, cannellini beans, roasted pear, Taleggio bruciata

OUR SEASONAL TABLE

Drawing on Executive Chef Jason Winton's more than 25 years of international experience in luxury hotels and fine dining, this menu brings the warmth and generosity of Italian cooking together with the fresh character of the Pacific Coast.

Inspired by the colours and aromas of autumn and winter, it highlights seasonal vegetables and locally sourced ingredients alongside thoughtfully prepared meats and seafood.

Each dish is crafted to feel comforting yet balanced, honouring the traditions of both cultures while reflecting the natural beauty of our region and a mindful approach to sourcing and waste.

ADD-ONS

Blackened Chicken Breast	**$18**
4 oz Alberta AAA Grilled Striploin	**$20**
4 oz Alberta AAA Grilled Tenderloin	**$22**
Blackened Salmon	**$24**
5 Grilled Prawns	**$18**
Substitute Gluten-Free Penne	**$4**

OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.
Our Chef has crafted these delicious dishes with your well-being in mind, giving you the freedom to choose when it comes to portion size, nutritional balance and quality of ingredients.

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