

Eat Well Menu for Kids

At Westin, we believe that eating well isn't just for grownups. These special kid-friendly meals are as delicious as they are nutritious, making the whole family happy.

BREAKFAST 7 AM to 10:30AM

BERRY SMOOTHIE	\$6	GRANOLA CUP	\$6
Mixed berries, banana and milk		Sweet granola cup with mixed berry fruit compote	
WAFFLES & CREAM	\$10	PANCAKE	\$10
Homemade waffles with berries and vanilla cream, served with maple syrup		Homemade pancake, cream, berries	
EGG SANDWICH	\$8		
Brioche bread, scrambled eggs, cheese, ketchup			

LUNCH & DINNER 11:00AM to CLOSE

KIDS BURGER	\$13	GRILLED CHEESE SANDWICH	\$10
4 oz burger patty, cheese, brioche bun		Mozzarella & Cheddar, white bread	
SPAGHETTI & MEATBALLS	\$12	CHICKEN ALFREDO	\$12
Homemade meatballs, marinara, parmesan cheese		Crispy chicken, Alfredo sauce, parmesan cheese	
CHICKEN FINGERS	\$13		
4 chicken fingers with Kennebec fries			

DRINKS

FRESH ORANGE JUICE	\$6
HOT CHOCOLATE	\$6
POMEGRANATE LEMONADE	\$5
Pomegranate syrup, lemon juice, soda	

DESSERTS

ICE CREAM SANDWICH	\$8
Homemade cookie, vanilla ice cream	
HOME MADE ICE CREAM OR SORBET	\$8
Chocolate, Vanilla, Strawberry	
FRUIT CUP	\$4

Find the healthy foods hidden in the picture, or color in your favorite plants and animals.



apple



onion



avocado



cherries



lemon



grapes



broccoli



cabbage